



SOHAIL
UNIVERSITY



NEWS BULLETIN JAN - JUNE 2020



CARDIAC & GENERAL HOSPITAL



CLDP Visit

Stefan Koehler, Associate Director of Licensing, Health Technologies, University of Michigan and John Dickerson, Senior Attorney, U.S Department of Commerce, Commercial Law Development Program (CLDP), visited Biomedical Research Centre (BRC) at Sohail University on 5th March 2020 and explored the prospects of academic and Research collaboration with Director Research, Sohail University, Prof. Dr. Rizwana S Waraich.



Ration Distribution

Sohail University join hands with Saylani Welfare Trust during this pandemic. Ration for 300 families were distributed on 15th April 2020 in Thatta village. It is imperative to maintain social distance for the safety of those around us. Let's not forget the poor during the coronavirus pandemic.



Commercial Law Workshop

Sohail University and AUC I Law in collaboration with the Commercial Law Development Program (CLDP) the USA, and Continuing Legal Education Institute of Pakistan (CLEIP) successfully organized a one-day workshop titled “Commercial Law Masterclasses”. The objective of the workshop was to aware of the participants about Intellectual property (IP) rights and licensing in private business settings.

Vice President, CLEIP, Syed Bulent Sohail, Stefan Koehler, Tech Transfer, University of Michigan and Senior Attorney, U.S. Department of Commerce, CLDP, John Dickerson, was the panelist who highlighted the issues people facing on Intellectual Property (IP) licensing in Pakistan.

Moreover, they also visited Sohail University and a commemorative group photo with participants was taken.



BS Orientation Ceremony

Sohail University started the academic session with Orientation Ceremony of BS Batch-1 (Bio-Technology & Medical Technology). Which took place on January 07, 2020. Students attended the session with great zeal. They were explained about the personal opportunities, growth and universities rules and regulations by their respective head of departments. Students also explored the university. At the end Q&A's session was conducted where students asked their queries from faculty. Moreover, a commemorative group photo of new students was also taken.



DPT Orientation Ceremony

Department of Physical Therapy (DPT) welcome its Batch -2 on 2nd Jan 2020 to become a part of a recognized center of excellence. We believe in training the upcoming generation to produce competent doctors and trend setters that contribute to the society actively.



White Coat Ceremony

White Coat Ceremony was held on 18th, February 2020. Students were presented with a white coat, which is a traditional symbol of clinical service. Department of Physical Therapy welcomes this stellar group of DPT students who are newly inducted into the physical therapy profession.



Blood Donation Drive 2020

103 Heroes (Blood Donors) donated their blood in the event held on 20th Feb 2020 at Jinnah Medical & Dental College (JMDC). Students of MBBS, BDS, Doctor of Physical Therapy (DPT) & Bachelor of Science with faculty and staff participated with high spirits in a blood drive. This event was held on Thursday with titled "Every Blood Donor is a HERO" in collaboration with Saylani Welfare Trust, where 103 blood bags were collected, while last year 100 donors had donated their blood. Later on, Medical Director Dr. Fadieleh A. Sohail distributed the trophy to the position holders, where MBBS II student got 1st position, DPT II 2nd & BDS IV was on third position.

Annual Research Symposium

Jinnah Medical & Dental College hosted its 2nd Annual Research Symposium on 25th Feb 2020 which highlighted diverse research conducted in various disciplines on campus. One of the main objectives of the Annual Research Symposium is to disseminate new knowledge acquired through research conducted by final year MBBS students under faculty supervision.

Undergraduate Research Project Presentations were graded as follows:

1st Prize

Title:

Interventional Study Regrading Awareness of Hepatitis B and Hepatitis C among prison inmates in Malir Jail Karachi.

Supervisor:

Dr. Sahrish Mukhtar

Group Members:

Agha Muhammad Wali Mirza, Wasay Hussain, Syed Ali Farhan Abbas Rizvi, Mohid Ahmed, Junaid Nawab, & Iqra Baig

2nd Prize

Title:

ALCOHOL, TOBACCO AND MARIJUANA: Effect of Illicit Substance use on Academic Performance of Medical Students in Karachi.

Supervisor:

Dr. Syeda Urooj Riaz

Group Members:

Bilal Mehmood, Muzamil Junejo, Ghulam Muhammad, Reem Nasir, & Ayesha Hassan

3rd Prize

Title:

The Effects of Water-Pipe Tobacco Smoking on the Respiratory System in Medical Students of Karachi.

Supervisor:

Dr. Nadia Younus

Group Members:

Komal Kiran Galaria, Rahat Zubair, Safa Shahab, Sameen Abid, Malik Balaj, & Syed Muhammad Ishaq

Graduation Dinner

To bid farewell, a graduation dinner was organized on 11th Feb 2020 for the final year MBBS & BDS students. Jinnah Medical and Dental College wishes all the graduate students and their future endeavors.



Seminar on International Perspective on Dentistry

A renowned speaker, Canadian Dentist, Dr. Abbas Naqvi, shared his knowledge and experience in a One Day seminar on "International Perspective on Dentistry". Students of Dentistry from different universities attended the session on 11th Feb 2020 and discussed educational and career in the field of dentistry. The session was conducted by Jinnah Medical and Dental College.



MBBS & BDS Orientation

Jinnah Medical and Dental College (JMDC) welcomed the MBBS Batch of 2020 and 22nd Batch of BDS students on 3rd Feb 2020 & 11th Feb 2020 respectively to become a part of a recognized center of excellence for a remarkable journey of acquiring education and experiencing events ahead.



Awareness Session on Covid-19 (Corona Virus)

Faculty member Dr. Zainab Hasan, Asst. Professor from Department of Community Medicine provided the awareness session on "information and precautions" on COVID-19 to the Doctors, Students, Nursing staff and staff of Jinnah Medical & Dental College on 31st Jan 2020.



Sports Activity

Jinnah Medical & Dental College (JMDC) students participated in the "3rd AKU Sports Olympiad-2020" which was held in February 2020.



Program on "Introduction of Typhoid conjugate vaccine"

Department of Pediatrics, in collaboration with EPI, Govt. of Sindh, organized a program on 12th March 2020 on "Introduction of Typhoid conjugate vaccine". Professor S.M. Inkisar Ali coordinator while Asst. Prof. Dr. Uzma Arshad, Department of Pediatric, was the moderator of the program. A large number of the patients including doctors senior nursing & paramedic staff attended the program.



Workshop on Neonatal Resuscitation

Jinnah Medical College Hospital organized workshop on 10th March 2020 on Neonatal Resuscitation. More than 30 participants including doctors & staff were participated in the event. Head of Pediatric Department, Professor S.M Inkisar Ali while emphasized the importance of event said that timely and effective neonatal resuscitation cannot be over emphasized. Globally, around 4 million neonatal deaths occur every year, out of these more than a million new born die on their first day of life. Further more, 93% of deaths occur in low and middle-income countries including Pakistan. About 25% of all neonatal deaths are caused by birth asphyxia, he added. He also emphasized that birth asphyxia can be effectively treated to a very large extent with timely resuscitation of new born and failure to do so will result in mortality and long-term neuro developmental disability. Professor Inkisar praised services of senior pediatrician Dr. Habiba Hassan. Dr. Habiba thanked JMCH and presented review on the subject. At the end of event, Q&A's session was conducted and certificates were distributed among participants and facilitators.



Free Medical Camp

Department of ENT, conducted two days ENT Camp on 6th March 2020 at Jinnah Medical College Hospital to facilitate free check-up for hearing impaired patients. More than 100 patients visited the camp and were provided with a Free medical facility.



Seminar on Polio Eradication

Year 2019, witnessed a very large number of Polio cases in Pakistan. Polio Eradication is every body's duty. All of us have to play our role, was said by Professor Dr. S.M. Inkisar Ali. Jinnah Medical College Hospital, Department of Pediatrics, arranged a Polio awareness program on 6th March 2020 for staff in collaboration with EPI Sindh. The Audience consisted of faculty doctors, paramedics, nursing staff and non-medical employees from all the departments in order to enhance the awareness on community level.



Hospital based Clinical Teaching Programs/Projects at JMCH

Ongoing Clinical Teaching Programs / Projects was conducted by students of Generic BSN (Year IV, Semester VII) on different topics such as 1. "Iron Deficiency Anemia in Pregnant Mothers" at Gynecology ward JMCH. "Diabetes Mellitus and diet chart" at medicine ward JMCH. "The preventive measures of Infection Control" at surgical ward of JMCH. Under the facilitation of Mr. Wakeel Ahmed, Nursing Lecturer-JCN and Ms. Huma Komal, Clinical Instructor-JCN & MSON. These sessions were helpful for participants to learn methods of prevention of iron deficiency, anemia during pregnancy, managing of diabetes mellitus through diet control & standardized procedure to prevent from infections.

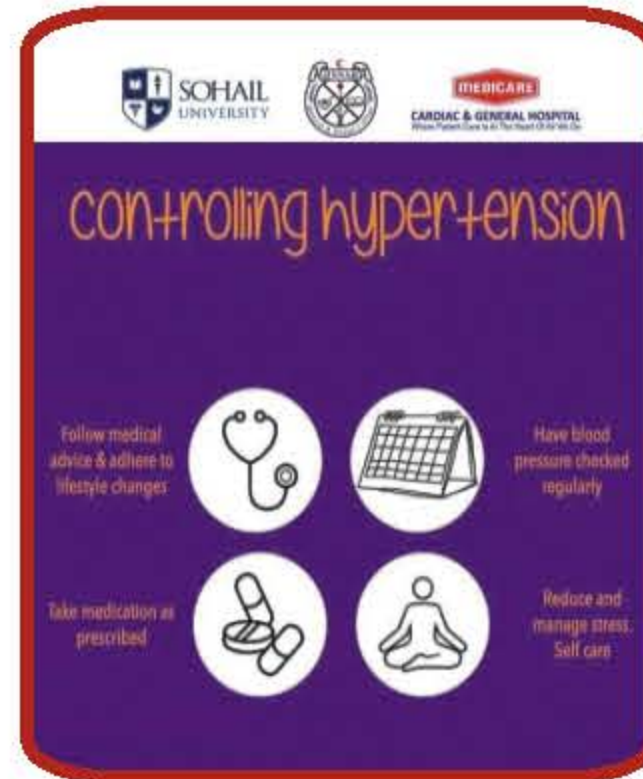
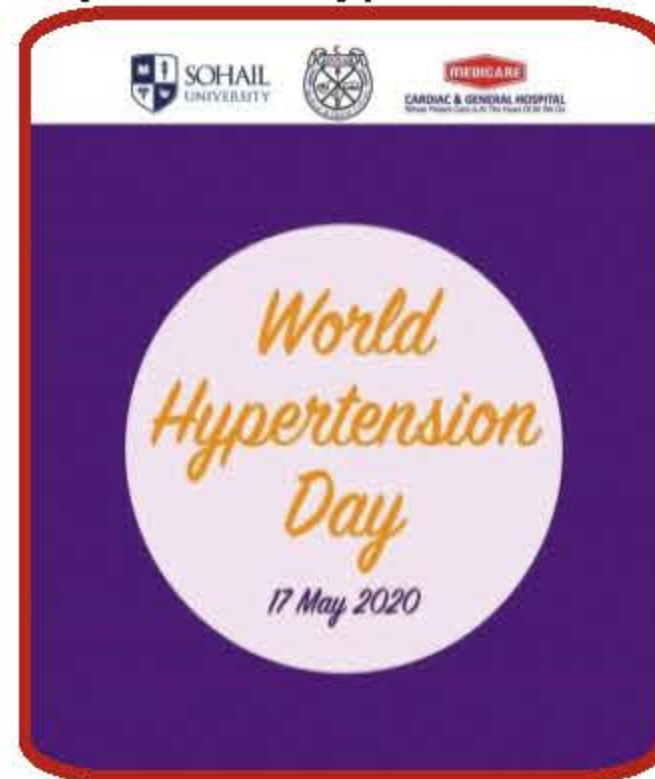
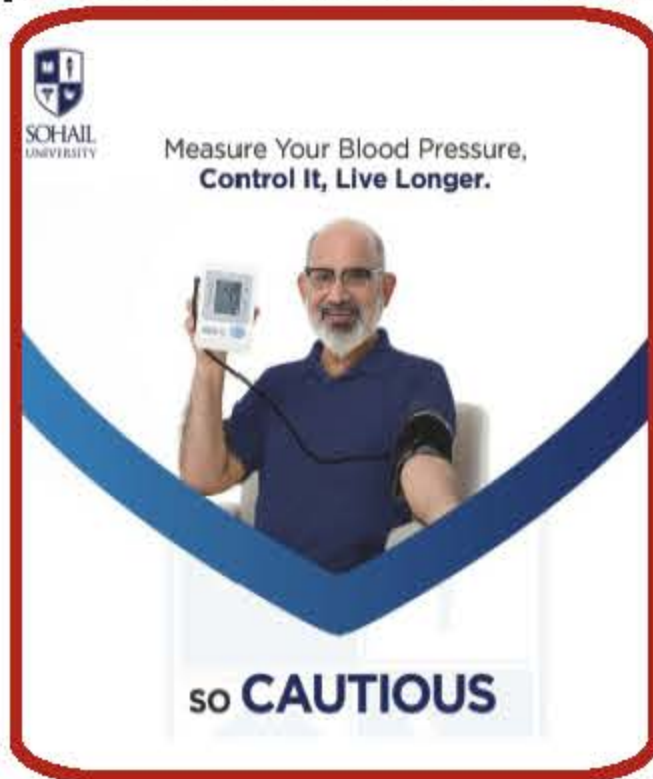


MEDICARE

MEDICARE CARDIAC & GENERAL HOSPITAL

World Hypertension Day

Medicare Cardiac & General Hospital observed world hypertension day on 17th May 2020. Hypertension is treatable and preventable. Medicare Cardiac & General Hospital spread awareness among the general public about how to treat and prevent hypertension.



International Nurses Day

Medicare Cardiac & General Hospital celebrated International Nurses day on 12th May 2020. We thank to all the wonderful nurses who dedicate their lives to take care of others and keep them safe every single day.



COVID-19

Medicare Cardiac & General Hospital have played an active role to fight against the pandemic coronavirus. During the tough time on the state, our frontline warriors put their lives in danger to save others in the battle against COVID-19. Our specialized doctors, nurses, and paramedical staff provided awareness to the general public with respective knowledge of their fields through social media platforms.

Notices and informative flyers about social distancing, wearing masks, have also been posted on the premises of organization for the public to follow WHO / Govt. SOP's.



Awareness Session on Covid-19

The common flu kills 60 times more people annually than Coronavirus, only 2% of cases have reported deaths was said by Dr. Rizwan Ali in a workshop on Coronavirus (Covid-19) which was held on 11th March 2020. Professor, Dr. Ajeet Kumar & Dr. Rizwan Qurban Ali Khawaja, Department of Medicine, were the speaker of the event who provided valuable information on COVID-19. Large number of Doctors, Medical students, Nursing Department and Medicare staff attended the workshop. While receiving Q&A's from audience about precautionary measures, Dr. Ajeet said, people should wash hand with soap for at least 20 seconds and sneezing into flexed elbow is the best practice. Furthermore, he added that only 2% of cases have reported death and most of these deaths were associated with weaker immune system.



International Women's Day

Medicare Cardiac & General Hospital believes in empowering women. We believe in cultural diversity where every individual achievement is celebrated. To empower women Medicare cardiac & general Hospital and its constituent institutions shared messages on 8th March 2020 through different social media platforms in which almost all the staff has participated but due to COVID-19 the celebration was cancelled.



Awareness on Thalassemia Prevention

Thalassemia prevention series of lectures was conducted by Dr. Rubina Ghani, HOD Biochemistry, JMDC, at Medicare Cardiac & General Hospital on 12th Feb 2020 to give awareness and knowledge regarding disease.



Health Drive at City School

Medicare Cardiac & General Hospital, Nursing Staff visited different campuses of City School to give awareness on health and special training was provided to students and parents on CPR training from 13th to 15th Jan 2020. Dr. Nadeem Noor Asst Prof. Pediatrics Consultant, Medicare Cardiac & General Hospital gave the presentation on child health & replied to the queries of parents about the health issues of children.

