



# News Bulletin

Oct 2016 - June 2017  
Biannual



Jinnah Medical & Dental College  
Jinnah College of Nursing

Jinnah Medical College Hospital  
Medicare Cardiac & General Hospital



## CONVOCATION 2017

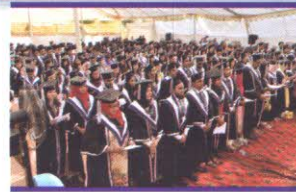
**JINNAH MEDICAL & DENTAL COLLEGE awarded 413 Degrees for the MBBS graduates of 2014 / 2015 and 2016, BDS graduates of 2015 and 2016 and Doctor of Pharmacy graduates of 2014 / 2015 and 2016.**

The Convocation ceremony was held on March 18, 2017 at Jinnah Medical College Hospital, Korangi. Dr. Syed Tariq Sohail, Chairman, S.M.Sohail Trust in his welcome address highlighted the importance of ethical practice. Senator (R) Javed Jabbar, as Chief Guest in his keynote address for the graduates, emphasized the importance of a Link between cultural diversity, tolerance among health Professionals. Professor Dr. Hussain Mehdi, JMDC Principal, said the College is listed in WHO Directory and many of our graduates are working in Pakistan and all over the world, bringing credit and honor to Pakistan and JMDC. Professor Dr. M Ajmal Khan (SI), Vice Chancellor of Karachi University spoke about the expectation of community from the Doctors and the role of JMDC in producing good doctors.

### **Position Holders**

Following graduates received Academic Achievement Award for having the best overall academic record in their graduating class

Ahmer Nasir Baig	MBBS Class of 2015	Areeba Abdul Aziz	BDS Class of 2016
Nabeera Syed	MBBS Class of 2016	Aisha Saleem	PharmD Class of 2014
Maeyda Khalid	BDS Class of 2015	Nadia Sadiq	PharmD Class of 2015



## BLOOD DONATION DRIVE

Jinnah Medical & Dental College Blood Donation Drive was held on February 23, 2017 at the JMDC lobby area in collaboration with the Indus Hospital. The Blood donation drive aimed to provide quality Blood Banking to deserving patients. More than 196 bags were donated from students, faculty & staff.





### PIANO RECITAL

A Piano recital by Asad Anees, student of MBBS year IV JMDC, was organized on February 19, 2017. He played music compositions by Beethoven, Chopin & Mozart. Asad began to piano at the age of six. He has been awarded full scholarship for complete five years by the S.M.Sohail Trust.



### COMMENCEMENT DAY

Commencement day for the 20th batch of MBBS and 19<sup>th</sup> batch of BDS first year students with parents was organized on December 13, 2016. Addressing the new entry, college Principal highlighted the College history. The Chairman, S.M.Sohail Trust welcomed the listeners and encouraged the importance of education and skills necessary for the medical professionals. The gathering were briefed by head of Dental Section in charge, Dr. Mohsin Girach and Vice Principal, Students Affairs, Mrs. Debra Lobo, about College educational policies and procedures.



### **Welcome to S. M. Sohail Trust**

Dr. Sanam Tauhid Assistant Professor Dentistry	Dr. Syed Tanzil Jamali Assistant Professor Community Medicine	Dr. Mahwash Bizanjo Assistant Professor Medicine	Dr. Mahjabeen Yaseen Assistant Professor Nephrology
Dr. M. Yawar Yakoob Assistant Professor Community Medicine	Dr. Asma Farooq Assistant Professor Dermatology	Dr. Puspa Assistant Professor Microbiology	Dr. Shireen Mansoor Assistant Professor Pathology
Dr. Sajjad Ali Darvesh Assistant Professor Dentistry		Mr. M. Ali Qasimi In charge Pharmacy	

### **Promotions**

Dr. Asmat Jameel Professor Dentistry	Dr. Saira Ghafoor Assistant Professor Obstetric & Gynecology	Dr. Rida Aziz Assistant Professor Obstetric & Gynecology
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## ENT CAMP

JMCH organized free ENT Camp on 22nd & 23rd February 2017. The aim of this camp was to provide awareness of Ear, Nose & Throat related diseases with free clinical examination and medicines. Total 240 patients were registered, 32 patients were advised surgery & 39 patients were advised Pure Tone Audiometry, which was done free of cost.



## Post Basic Cardiac Nursing Program at JCN

Pakistan Nursing Council approved the “Post Basic Cardiac Nursing Program” with the allocation of 30 seats in November 2015. Medicare School of Nursing (MSON) inducted its first batch in December 2016. The regular classes started from January 2017. Almost all the faculty members of JCN/MSON have been assigned to teach the students. The program began with the tiring efforts of the MSON team mainly Mr. Azam Ali the program coordinator.

## International Nurses Day

It has been a tradition of Medicare School of Nursing (MSON) & Jinnah College of Nursing (JCN) to arrange this ceremony for their students. International Nurses day was celebrated on 25th March, 2017 at Jinnah Medical College Hospital. A brief history of JCN and MSON of nursing was presented by Mr. Sultan Muhammad, Vice Principal. Major (Rtd) Munnaza Parveen, the Deputy Director of Nursing, played the role of lady of the lamp. All the lamp lighters recited the nursing pledge which was lead by Major (Rtd) Yasmin Robinson MSON Coordinator. The student delivered speeches on the theme of nurses day and importance of nursing in Pakistan. The honorable chief guest was Ms. Aliya Nasir, Dean of Nursing, Ziauddin Medical University Hospital.



### **CME Lecture by Prof. Dr. Mansoor Ahmad**

Prof. Dr. Mansoor Ahmad, Consultant Cardiologist, Medicare Heart Center, delivered a lecture on “Relationship Among Morning Blood Pressure Surge, 24-hour Blood Pressure Variability & Cardiovascular Outcomes” to the General Practitioners, Faculty & Staff of Medicare Heart Center. During the program he informed that BP normally fluctuates during the day and can vary from day to day in response to environmental challenges eg stress, activity, carrying out tasks.

Over the last 30 years, rates of CVD mortality have fallen in many parts of the world due to improvements in managing modifiable CV risk factors. There is growing evidence that morning surge in BP predisposes patients to adverse vascular outcomes particularly acute coronary syndrome, cardiac arrhythmias, sudden cardiac death, all-cause mortality, and stroke. Lt. Col (R) Dr. Baqar Nawab, Head of Administration, briefed about the hospital facilities with a tour of the hospital.

### **NEW OPD**

New OPD has opened in Wing II, with Clinics, assessment area, Mammography, Dialysis Unit, Vaccination Area, X-Ray, CT Scan, Dental Executive Clinic & Patients waiting area.

### **2<sup>nd</sup> Audit ISO 9001:2008**

Surveillance Review of ISO 9001:2008 was conducted successfully in December 2016. Congratulations to the team members for all the hard work & dedication.

### **Dementia and Depression**

Dr. Anil Kumar, Assit. Prof. Department of Psychiatry, JMDC conducted a CME program on Dementia and Depression, focus on cognitive impairment in Depression on 14th February 2017. Prof. Dr. M. Iqbal Afridi, HOD Department of Psychiatry JMPC spoke on Cognitive Dysfunction in depression & Dr. Aziz B. Sona Wala, Consultant Neurologist, AKU, discussed “highlighted Alzheimer's and its Management.” Professor Dr. S. Haroon Ahmed, president Pakistan Association for Mental Health (PAMH), founder Pakistan Psychiatric Society (PPS) was the Chief Guest.



**We welcome Prof. Dr. Mansoor Ahmad**  
FRCP, Consultant Cardiologist

- Formerly Head of Cardiology at Liaquat National Hospital
- He has expertise in teaching & training in Interventional Cardiology
- Special Interest in Coronary Intervention & in Cardiac therapeutics
- Course Director of Revascularize course in Pakistan from 2000-2006
- President SAARC Cardiac Society 2004-2006
- Editor Pakistan Heart Journal 1999-2011



### Fire Safety Training

Fire Safety Training for the Hospital Staff was conducted on Jan 17, 2017 for “Fire Safety Management” and March 04, 2017 for “How to use Fire Extinguisher” respectively.

### Free Breast Screening Clinic

Breast cancer is one of the leading cause of cancer deaths among Pakistani women. Early detection of the disease is the key for a better outcome. The World Health Organization has dedicated the month of October as Breast Cancer Awareness Month.

The department of Surgery at Jinnah Medical and Dental College (in collaboration with the Administration, Marketing department and Radiology department) organized a Free Breast Screening Camp on 30th Oct. 2016. Patients received free consultation and breast examination. The facility of breast ultrasound was made available on the same day. Patients were also given information booklets regarding breast cancer and self examination. This activity will continue every year in the month of October to spread awareness of breast cancer.



## Projects under S.M. Sohail Trust 2016

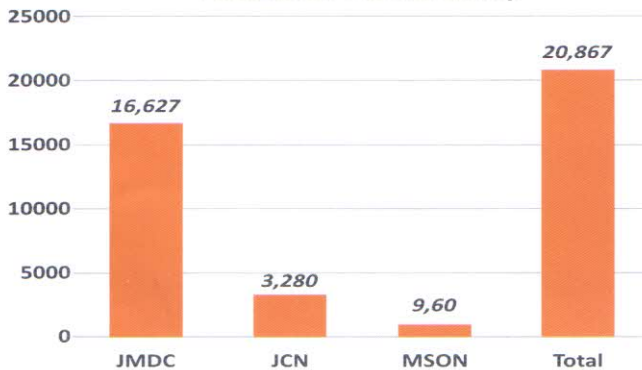
### Medicare Cardiac & General Hospital

In Patient	Surgeries	Out Patient
10,008	3,511	80,222

### Jinnah Medical College Hospital

In Patient	Surgeries	Out Patient
11,342	3,779	85,103

### Education & Scholarship



### Patient Welfare

Rs. In 000



(For Diagnostics)